

SOCIOLOGY OF LEISURE

Sociology 397: Spring 2008

Lecture:	Tuesday & Thursday; 12:35 p.m. – 1:50 p.m.
Lecture location:	Parkinson 108
Instructor:	Melissa Hicks
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Office Hours:	T: 2 pm – 4 pm W: 1 pm – 3 pm Th: 2 pm – 4 pm

Course Content and Organization:

The theme for this course is the sociology of leisure: What can we learn about ourselves, and about society, by the ways that we play? As with studying other institutions (i.e. the educational system, economic system, and legal system), a sociological examination of leisure can provide insights into a society's ideologies and beliefs. And, as with involvement in other institutions, leisure involvement is often governed by stratification and inequality. Unlike other institutions though, leisure participation provides ample opportunity for freedom of expression. Some people may choose from a different and/or more limited menu than others, but their leisure preferences still reveal much about their tastes and values, and their personal identity. In this course we will explore how society influences leisure behavior and how individuals respond and adapt to those influences. Along the way we will challenge common notions about what leisure is, about what it is not, and about its triviality.

Course Objectives:

- To understand what leisure is and how it has evolved over time.
- To understand how leisure reflects and perpetuates cultural values and lifestyles.
- To understand how leisure is related to other social institutions, including the family, education, politics, the economy, and religion.
- To understand how leisure involvement is mediated by gender, race, class, sexual orientation, disability, and age.

Course Requirements:

First and foremost, your attendance is required. Furthermore, class participation is also expected. Class participation includes reading the course materials (**before class begins!**) and asking questions or making comments during lecture. When relevant, students are encouraged to enrich class discussions by bringing in current events, accounts from personal experiences, or other appropriate material from outside the class. Lively discussions often provide a perspective different from that of the text book, which can lead to new insights and a deeper comprehension of the material. Therefore, class attendance and participation are important elements of this course.

There will be three written tests, which are announced, plus I reserve the right to add any number of quizzes, which may or may not be announced. In addition, all students are required to keep a leisure journal documenting their weekly leisure activities. Journals will be collected at mid-term, and again at the end of the semester. Finally, there are three (3) written assignments:

Paper 1, "My Leisure Biography"	2 pp. (due Feb. 1 st)
Paper 2, "Reaction Paper"	2 pp. (due April 8 th)
Paper 3, "Leisure Biography Interviews"	10 pp. (due 24 th)

Written assignments will be graded on both their content and their form, therefore you should make relevant use of subject matter from the course AND your writing should be clear, logical and coherent. All assignments should be type-written, double-spaced, and proofread thoroughly. Papers 1 & 2 are worth 50 points each and Assignment 3 is worth 200 points. Late assignments will not be accepted, except in the case of a documented illness or emergency.

Leisure Goals:

All students are required to choose a leisure goal that they will work towards throughout the semester. The goal must be stated in such a way that its completion can be empirically verified and that weekly progress toward its completion can be measured. All leisure goals **MUST** be approved by the instructor by the end of the second week; goals that are illegal, dangerous, or harmful to the participant or others will **NOT** be approved. Students will keep a journal that; 1) outlines their reasons for choosing the goal, 2) how the goal fits into different conceptions of leisure, 3) their weekly progress towards the goal, including the necessity of changing or modifying the goal or its measures, and 4) factors that serve as barriers or facilitators to achieving the goal. As stated above, journals will be collected at mid-term, and again at the end of the semester. Whether or not the student successfully reaches the goal is of no consequence, "it is the journey, not the destination." The journals will be graded primarily on their content and wherever possible, students should strive to display a thorough understanding of the concepts introduced in this course.

Grading Criteria:

Your final course grade will be determined based on the following:

Class Participation	10%
Exam 1	15%
Exam 2	15%
Final Exam	15%
Written Assignments	30%
Leisure Journal	15%

Students who earn 90% or more of the points will earn an "A."

Students who earn 80% to 89% of the points will earn a "B."

Students who earn 70% to 79% of the points will earn a "C."

Students who earn 60% to 69% of the points will earn a "D."

Students who fail to earn at least 60% of the points will earn an "F."

Examinations:

The examinations will consist of a combination of multiple choice, true/false questions, short answer, and essay questions. Except for the final, the exams will **NOT** be cumulative, although an understanding of certain key concepts will be necessary throughout the semester. Additionally, exams must be taken on the scheduled day; there will be **NO** make-up exams.

Course Materials:

[R&L] = *Kraus's Recreation and Leisure in Modern Society*, 8th Edition. Daniel McLean, Amy R. Hurd, and Nancy Brattain Rogers.
<http://recreation.jbpub.com/7e/>

[RES] = Various articles placed on reserve in the library

[JSTOR] = Articles available from library through JSTOR

[Videos] = Various videos that will be shown in class

Acknowledging Differences:

During the semester students will have the opportunity to share thoughts, opinions, and beliefs about their life experiences. The differences in these perspectives that each student brings to the discussion will add to the richness of this course. Therefore, each student should communicate in ways that acknowledge and respect such differences.

Ethical Conduct:

I have a nasty, zero-tolerance attitude toward cheating. All cases of academic dishonesty will be pursued vigorously and punished with the most severe sanction possible. You are responsible for knowing what constitutes academic dishonesty, and you must abide by the university's academic honesty policies. If you are in doubt or have questions, please consult with me or refer to the SIU Handbook.

http://www.dce.siu.edu/siuconnected_handbook/academic_honesty.htm

Classroom Decorum:

I have an obligation to maintain a classroom environment that allows each student to learn to the best of his or her capabilities. While I encourage students to ask questions and make comments in class, I will not tolerate or permit behavior that is disruptive, distracting, or demeaning. Actions that violate these norms will be treated seriously— one warning, then you'll be asked to leave. If your cell phone must be on for medical, child care, or other reasons, please set it to vibrate, not ring.

Americans with Disabilities (ADA) Statement:

Persons with disabilities requiring special accommodations to meet the expectations of this course are encouraged to bring this to the attention of the instructor(s) as soon as possible. Written documentation of the disability should be submitted during the first week of the semester along with a request for special accommodations. Contact the SIU Disability Support Services (DSS) to facilitate requests: Email: DSSsiu@siu.edu

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Schedule:

WEEK 1: Introduction

1/15 Introductions & Syllabus

1/17 The Current Scene

Read: Chapter 1, pp. 1-24 [R&L]

WEEK 2: What is Leisure?

1/22 Basic Concepts

Assignment 1 (Due February 1st)

Read: Chapter 2, pp. 25-48 [R&L]

1/24 Philosophical Analysis of Leisure

WEEK 3: History of Recreation and Leisure

1/29 Early History

Read: Chapter 3, pp. 49-91 [R&L]

2/1 The Modern Era

Read: Chapter 4, pp. 93-115 [R&L]

WEEK 4: Leisure Motivations

2/5 Benefits & Motivations of Leisure

Read: Chapter 5, pp. 117-148 [R&L]

2/7 More Motivations

Read: Iso-Ahola [RES.1]

Read: Kelly & Godbey [RES.2]

WEEK 5:

2/12 **Exam I**

2/14 Social Functions of Leisure

Read: Chapter 7, pp. 169-195 [R&L]

WEEK 6: Leisure Forms

2/19 Forms of Leisure

Read: Chapter 10, pp. 273-291 [R&L]

Read: Chapter 11, pp. 293-315 [R&L]

Read: Kelly & Godbey [RES.3]

Read: Kelly & Godbey [RES.4]

2/21 More Forms

Read: Kelly & Godbey [RES.5]

Read: Kelly & Godbey [RES.6]

Read: Kelly & Godbey [RES.7]

Read: Kelly & Godbey [RES.8]

Read: Kelly & Godbey [RES.9]

Read: Kelly & Godbey [RES.10]

WEEK 7:

2/26 Deviant Leisure

Read: Lyng [RES.11]

Read: Rojek [RES.12]

2/28 Leisure & the Family

Read: Zuzanek & Smale [RES.13]

WEEK 8:

3/4 Leisure across the Life Course

Read: Kleiber & Kelly [RES.14]

Read: Kelly & Godbey [RES.15]

3/6 Serious Leisure

Read: Kelly & Godbey [RES.16]

SPRING BREAK!!

3/8 – 3/16!!

WEEK 9:

3/18 Amateurs & Leisure Careers

Read: Stebbins [RES.17]

3/20 Stratification in Leisure

Read: Chapter 6, pp.149-168 [R&L]

Read: Kelly & Godbey [RES.18]

WEEK 10:

3/25 More Stratification

Read: Washburne [RES.19]

Read: Gramann & Allison [RES.20]

Read: Floyd [RES.21]

3/27 Still More Stratification

Read: Shaw [RES.22]

Read: Henderson [RES.23]

Read: Shaw [RES.24]

Read: Henderson & Bialeschki [RES.25]

Read: Shinew et. al. [RES.26]

Read: Lee et. al. [RES.27]

WEEK 11:

4/1 Even More

Read: Kelly & Godbey [RES.28]

Read: Crawford et. al. [RES.29]

Read: Jackson et. al. [RES.30]

Read: Raymore [RES.31]

At Leisure's Edge [Video]

Assignment 2 (due April 8)

4/3 **Exam II**

WEEK 12: Leisure Socialization

4/8 Leisure Socialization

Read: Becker [RES.32]

4/10 More Socialization

Read: Kelly [RES.33]

Read: Mark [RES.34]

WEEK 13: Leisure Identities & Subcultures

4/15 Leisure Subcultures

Read: Kelly & Godbey [RES.35]

Read: Kelly & Godbey [RES.36]

Read: Haggard & Williams [RES.37]

Read: Donnelly & Young [RES.38]

4/17 Leisure Identities

Read: Ogden & Hilt [RES.39]

Read: Clay [RES.40]

WEEK 14:

4/22 Racialized Identities

Read: Martin [RES.41]

4/24 Leisure as a Market Commodity

Read: Chapters 8, pp. 195-232 [R&L]

****Assignment 3 paper due!!!**

WEEK 15:

4/29 **Read:** Chapters 9, pp. 233-270 [R&L]

5/2 Conclusions, Summary, & Final Thoughts

FINAL EXAM: TBA

RESERVE ARTICLES

1. "Motivational Foundations for Leisure," Seppo E. Iso-Ahola (1999). Pp. 35-51 in *Leisure Studies: Prospects for the XXI Century*, edited by E. L. Jackson and T. L. Burton. State College, PA: Venture Publishing.
2. "Leisure and Personal Development," John R. Kelly and Geoffrey Godbey (1992). Pp. 273-289 in *The Sociology of Leisure*. State College, PA: Venture Publishing, Inc.
3. "Interaction as Leisure," John R. Kelly and Geoffrey Godbey (1992). Pp. 211-224 in *The Sociology of Leisure*. State College, PA: Venture Publishing, Inc.
4. "Organized Recreation and Leisure Services," John R. Kelly and Geoffrey Godbey (1992). Pp. 387-403 in *The Sociology of Leisure*. State College, PA: Venture Publishing, Inc.
5. "Tourism," John R. Kelly and Geoffrey Godbey (1992). Pp. 405-413 in *The Sociology of Leisure*. State College, PA: Venture Publishing, Inc.
6. "Sport," John R. Kelly and Geoffrey Godbey (1992). Pp. 415-423 in *The Sociology of Leisure*. State College, PA: Venture Publishing, Inc.
7. "Outdoor Resource-Based Recreation," John R. Kelly and Geoffrey Godbey (1992). Pp. 425-437 in *The Sociology of Leisure*. State College, PA: Venture Publishing, Inc.
8. "The Arts as Leisure," John R. Kelly and Geoffrey Godbey (1992). Pp. 439-453 in *The Sociology of Leisure*. State College, PA: Venture Publishing, Inc.

9. "The Mass Media," John R. Kelly and Geoffrey Godbey (1992). Pp. 455-468 in *The Sociology of Leisure*. State College, PA: Venture Publishing, Inc.
10. "Addiction and Artificial Experience," John R. Kelly and Geoffrey Godbey (1992). Pp. 469-476 in *The Sociology of Leisure*. State College, PA: Venture Publishing, Inc.
11. "Edgework: A Social Psychological Analysis of Voluntary Risk Taking," Stephen Lyng (1990). *American Journal of Sociology* 95(4): 851-886.
12. "Deviant Leisure: The Dark Side of Free Time Activity," Chris Rojek (1999). Pp. 81-94 in *Leisure Studies: Prospects for the XXI Century*, edited by E. L. Jackson and T. L. Burton. State College, PA: Venture Publishing.
13. "Life-Cycle Variation in Across-the-Week Allocation of Time to Selected Activities," Jiri Zuzanek and Bryan J. A. Smale (1992). *Society and Leisure*, 15(2), 559-586.
14. "Leisure, Socialization, and the Life Cycle," Douglas A. Kleiber and John R. Kelly (1980). Pp. 91-137 in *Social Psychological Perspectives on Leisure and Recreation*, edited by S.E. Iso-Ahoa. Springfield, IL: Charles C. Thomas.
15. "Leisure and the Life Course," John R. Kelly and Geoffrey Godbey (1992). Pp. 251-272 in *The Sociology of Leisure*. State College, PA: Venture Publishing, Inc.
16. "Specialization and Serious Leisure," John R. Kelly and Geoffrey Godbey (1992). Pp. 243-249 in *The Sociology of Leisure*. State College, PA: Venture Publishing, Inc.
17. "What is an Amateur," Robert A. Stebbins (1979). Pp. 19-118 in *Amateurs: On the Margin between Work and Leisure*. Beverly Hills, CA: Sage Publications.
18. "Stratification and Social Divisions," John R. Kelly and Geoffrey Godbey (1992). Pp. 105-126 in *The Sociology of Leisure*. State College, PA: Venture Publishing, Inc.
19. "Black Under-Participation in Wildland Recreation: Alternative Explanations," Randel F. Washburne (1978). *Leisure Sciences* 1:175-189.
20. "Ethnicity, Race, and Leisure," James. H. Gramann & Maria T. Allison (1999). Pp. 283-297 in *Leisure Studies: Prospects for the XXI Century*, edited by E. L. Jackson and T. L. Burton. State College, PA: Venture Publishing.
21. "Getting Beyond Marginality and Ethnicity: The Challenge for Race and Ethnic Studies in Leisure Research," Myron F. Floyd (1998). *Journal of Leisure Research* 30:3-22.
22. "Gender and Leisure," Susan. M. Shaw (1999). Pp. 271-281 in *Leisure Studies: Prospects for the XXI Century*, edited by E. L. Jackson and T. L. Burton. State College, PA: Venture Publishing.

23. "The Meaning of Leisure for Women: An Integrative Review of Research," Karla A. Henderson (1990). *Journal of Leisure Research* 20: 228-243.
24. "Gender, Leisure, and Constraint: Towards a Framework for the Analysis of Women's Leisure," Susan M. Shaw (1994). *Journal of Leisure Research* 26: 8-22.
25. "Makers of Meanings: Feminist Perspectives on Leisure Research," Karla A. Henderson and Deborah Bialeschki (1999). Pp. 167-176 in *Leisure Studies: Prospects for the XXI Century*, edited by E. L. Jackson and T. L. Burton. State College, PA: Venture Publishing.
26. "Gender, Race, and Subjective Social Class and their Association with Leisure Preferences," Kimberly J. Shinew, Myron F. Floyd, Francis A. McGuire, and Francis P. Noe (1995). *Leisure Sciences* 17:73-89.
27. "Structural Inequalities in Outdoor Recreation Participation: A Multiple Hierarchy Stratification Perspective," Jin-Hyung Lee, David Scott, and Myron F. Floyd (2001). *Journal of Leisure Research* 33: 427-449.
28. "Constraints on Leisure Expression," John R. Kelly and Geoffrey Godbey (1992). Pp. 355-365 in *The Sociology of Leisure*. State College, PA: Venture Publishing, Inc.
29. "A Hierarchical Model of Leisure Constraints," Duane W. Crawford, Edgar L. Jackson, and Geoffrey Godbey (1991). *Leisure Sciences* 13: 309-320.
30. "Negotiation of Leisure Constraints," Edgar L. Jackson, Duane W. Crawford, and Geoffrey Godbey (1993). *Leisure Sciences* 15: 1-11.
31. "Facilitators to Leisure," Leslie A. Raymore (2002). *Journal of Leisure Research* 34: 37-51.
32. "Becoming A Marihuana User," Howard S. Becker (1953). *American Journal of Sociology* 59:235-242.
33. "Socialization Toward Leisure: A Developmental Approach," John R Kelly (1974). *Journal of Leisure Research* 181-193.
34. "Birds of a Feather Sing Together," Noah Mark (1998). *Social Forces* 77: 453-485.
35. "Leisure Cultures and Ethnicity," John R. Kelly and Geoffrey Godbey (1992). Pp.147-166 in *The Sociology of Leisure*. State College, PA: Venture Publishing, Inc.
36. "Leisure Identities and Roles," John R. Kelly and Geoffrey Godbey (1992). Pp.315-326 in *The Sociology of Leisure*. State College, PA: Venture Publishing, Inc.
37. "Identity Affirmation through Leisure Activities: Leisure Symbols of the Self." Lois M. Haggard and Daniel R. Williams (1992). *Journal of Leisure Research* 24(1):1-18.

38. "The Construction and Confirmation of Identity in Sport Subcultures," Peter Donnelly and Kevin Young (1988). *Sociology of Sport* 5: 223-240.
39. "Collective Identity and Basketball: An Explanation for the Decreasing Number of African-Americans on America's Baseball Diamonds," David C. Ogden and Michael L. Hilt (2003). *Journal of Leisure Research* 35: 213-228.
40. "Keeping it Real: Black Youth, Hip-Hop Culture, and Black Identity," Andreana Clay (2003). *American Behavioral Scientist* 46: 1346-1358.
41. "Apartheid in the Great Outdoors: American Advertising and the Reproduction of a Racialized Outdoor Leisure Identity," Derek C. Martin (2004). *Journal of Leisure Research* 36: 513-535.